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of arts, sciences and technologies



Contributors:

Serge Beddington-Behrens
Elias Capriles
Ingrida Indane
Pier Luigi Lattuada

Lorelei Nassar
Vladislav Matrenisky
Vladimir Maykov
Elena Toscan

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Tought Times, but the Horizon Has the Colors of Dawn and We Can Talk about Liberation

Rossana Strambaci, Ph.D.

ITJ Editor Director

We are definitely in difficult times: hard times, challenging times.

The war - which is raging in the heart of Europe and which hangs over the world order and over our sense of security - adds to the pandemic that has not yet been extinguished. All these things prefigure scenarios of economic, social and personal difficulties greater than those we have experienced so far.

Concerning the war, it is necessary to ask what position to hold. We must do this, not to decide which part take side with, on a geopolitical level, even if it seems universally recognizable who the aggressor is and who is attacked.

We have to take responsibility for our awareness of what war means. That's a lot more meaningful, in my opinion.

This is because that awareness can have a collective impact.

So, how do we stem the war? How is it possible, given that all those who are at the highest levels of decision-making are caught in an unstoppable mechanism of oppositions and special interests?

Are pacifist marches enough? Are songs enough? Is it enough to express one's dissent, to write, to plead the cause of peace? I don't think it's enough. Peoples, at least those of complex societies, have never wanted wars but have always suffered them. Despite dissent, wars have always happened.

But today, we believe, we are at the tipping point: the point at which a world war could lead to the destruction of the planet.

But we are also at the point where the collective consciousness is evolving, perhaps thanks also to socio-economic globalization. This evolution seems

to go in the direction of the awareness that “everything is one” and that what happens in one point of the planet also has effects on the rest of it.

We believe that the extinction of war starts from within, from that somewhat magical condition that we call integration.

That is integration within every man of all parts of himself, including those in the shadows, those in pain, and then integration of every man with his fellows and with the environment that surrounds him.

Our work, and the work of ITJ, goes along this path, in all areas of experience and in all areas of action in which we can move. Integration is what we work for and spend our energy on.

Therapeutic methodologies of the distant past and the ancient practices of soul care already tended to integration, and the same was already the goal of the “mystical mind” and is the target for transpersonal education, starting from the awareness of the indivisibility of biological, psychological and social systems, just to stay at some themes of this issue of the magazine.

If this is our goal, however, we also know that to achieve it it’s also necessary to transform the point of view of science, to modify the scientific paradigm. In this direction go the contributions on transpersonal psycho-ontology, on neuro technologies, brain functions and transpersonal psychology that can be find in these pages.

“Looking at the future, we will make it, but it will cost everything” as Beddington-Bahrens said in his paper.

It will surely cost us all our reference systems to know the world and perhaps even our daily life arrangements.

But I think it’ll be worth it.

What appears on the horizon and that will influence our way of knowledge and action has the shade, as Pier luigi Lattuada evokes, of a liberation.